

Sigma Lambda Beta International Fraternity, Inc.
Young Stallions Club

Purpose of the Young Stallions Club

Sigma Lambda Beta International Fraternity, Inc. was founded in 1986 at the University of Iowa by 18 men that, by coming together, created a fraternal organization that would better our communities, our country, and the world. The four principals of Brotherhood, Scholarship, Service, and Cultural Awareness, have bound our organization together throughout the years to amass a membership of over 10,000 Brothers at over 150 universities across the nation.

As our Brotherhood at the collegiate and alumni levels continue to grow we are now in the position to extend that growth and reach out to male high school students through our Young Stallions Club. The program will provide mentors for student's stability, growth and guidance in an effort to lead them into college and maybe one day into our fraternal Brotherhood.

Benefits of the Young Stallions Program

There are many benefits of our program for both the mentoring Brother and the mentee:

- Among youth students in mentoring programs, there have been recorded increases in:
 - Self-esteem levels
 - Regard for and comfort with members of other races
 - Ability to maintain satisfactory relationships with other adults
 - Decision-making ability in the college and career-choice process
- School attendance may noticeably increase among students involved in a mentoring relationship
- Roles of non-familial adults in the lives of at-risk youth/at-potential youth have been shown to be beneficial in increasing resiliency and success in the face of adversity
- In programs that specialize in youth mentoring, people from outside a youth's everyday world cooperate to ameliorate a youth's situation, giving the community a stake in his future (potential SLB Brother)
- The Young Stallions Club can open new opportunities and understanding for SLB Brothers/Mentors and mentees previously unavailable due to barriers, prejudices, or lack of options
- Mentor programs offer an affordable, uncomplicated way to pass valuable skills and knowledge from person to person
- Passing opportunities along from one person to another helps ensure that members of a community have the ability to sustain and improve their community
- Being a volunteer SLB Brother Mentor is an honor. Brothers and role models have a chance to "show off" their skills and enjoy successfully guiding and teaching young men new things

Young Stallions Program

The Young Stallions Program will span over a school year and will be led by a minimum of 2 Sigma Lambda Beta Brothers per program site. Each site will have a maximum of 25 male student volunteers from said school. The program will essentially cover the four principles of Sigma Lambda Beta.

Student Recruitments:

Sigma Lambda Beta will promote the program at the program site and students will have to complete an enrollment application to participate in the program. There is no minimum G.P.A. that a student has to have to be able to participate in the program. Students must be from said school/program site. Students must be willing to commit to 20 hours of community service per school year (10 hours of which must be school related activities). Students must commit to one program meeting per week that will be facilitated by a SLB Brother/Mentor. (Depending on the schedule of the Brother Mentors programs may occur every other week)

Program Structure:

Students will meet once a week at program site after school on designated days. Students will meet for 2 hours per program session unless otherwise designated by SLB Mentors.

Scholarship:

Students will provide SLB Mentors with academic check-up forms once a month. Student's grades will be monitored and where students need assistance, SLB Mentors will provide students with that assistance.

Students will attend at least one college visit during the program year. The college that will be visited will be from one of the local universities that hosts one of our undergraduate chapters. The undergraduate Brothers from the university will also participate in the college visit, serving as additional mentors for the program participants.

Special guests (SLB Brothers, community members) will be invited to program sessions to talk to students about various careers.

Students will be provided with instruction in life lessons; proper eating etiquette, how to tie a tie, proper study habits, benefits of health and fitness, etc.

Cultural Awareness:

Students will be given 1 book to read throughout the program session. The book will be culturally based and will be read and discussed by the students and Mentors in the class.

Book: Rain of Gold; Author: Victor Villasenor

Students will be required to host 1 culturally based activity for their school. The event details will be determined by program participants.

Service:

Students will participate in various service projects throughout the program year. The students can come up with their own service project or just participate in service projects offered by the school or program mentors.

Brotherhood:

Students will participate in an outing with the Brothers of Sigma Lambda Beta. The outing may be, yet not limited to, a bowling outing, an arcade outing, or a movie outing.

At the end of the program year students will participate in a sporting activity with the Brothers of Sigma Lambda Beta. The event may be a basketball tournament, volleyball tournament, dodge ball tournament, or a mixture of sporting activities.